



## **ASN UPENDO VILLAGE**

**TITLE:** **ASN UPENDO VILLAGE**

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**SUBMITTED TO:** **UPENDO VILLAGE, NFP, USA**

**SUBMITTED BY:** **ASN UPENDO VILLAGE, KENYA**

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## **Executive Summary**

ASN Upendo Village is privileged to contribute to the less fortunate members of the society by providing services to the community around Naivasha sub-county, Nakuru county, Kenya. As a village of hope and love to the people infected and affected by HIV and AIDS, Upendo Village finds great satisfaction when weak clients on the verge of death rise from their beds and begin supporting themselves and the members of their households.

This report covers the accomplishments and services provided during the months of May and June 2018. Upendo Village would like to most sincerely thank all sponsors and benefactors because it is as a result of their noble and selfless giving that the lives of people infected and affected by HIV and AIDS in Naivasha have been greatly transformed.

Among the highlights is that all the students under the sponsorship program were able to report back to school for their second term. Prompt payment of their school fees and acquisition of other necessities was done to facilitate their timely return to their respective schools and colleges/universities.

During the period under review, 9 families were issued with dairy goats while 50 improved chicken were issued to 25 families. Further, 18 families benefited from solar lamps as 6 other clients were visited during the period to monitor and evaluate the progress of their income generating projects.

The dispensary continued providing preventive as well as curative services to both our clients as well as the wider general public. The social services department was able to provide psycho-social support to the support group members, kids club members and the grandmothers taking care of orphans and vulnerable children.

The pages that follow provide in-depth information on the various activities that were carried out by the ASN Upendo Village team in different departments during the months of May and June 2018.

## TABLE OF CONTENTS

<b>EXECUTIVE SUMMARY .....</b>	<b>i</b>
<b>EDUCATION DEPARTMENT .....</b>	<b>1</b>
<b>INCOME GENERATING ACTIVITIES DEPARTMENT .....</b>	<b>2</b>
DAIRY GOAT PROJECT .....	2
IMPROVED CHICKENS .....	3
SOLAR LAMPS .....	3
HOME VISITS.....	4
DEMONSTRATION GARDEN.....	5
<b>MEDICAL DEPARTMENT.....</b>	<b>7</b>
ACTIVITIES/ ACCOMPLISHMENTS.....	7
TOP TEN INSTITUTIONAL DISEASES .....	9
<b>NUTRITION DEPARTMENT .....</b>	<b>10</b>
SUPPORT GROUP ATTENDANCE AND DISTRIBUTION OF NUTRITIONAL SUPPLEMENTS .....	10
GRANNIES MEETINGS .....	12
<b>SOCIAL WELFARE DEPARTMENT .....</b>	<b>12</b>
SUPPORT GROUP PROJECT .....	12
ENROLMENT .....	14
HOME AND HOSPITAL VISITS.....	14
GRANDMOTHERS' PROJECT .....	16
PROFESSIONALS' SUPPORT GROUP .....	17
PREVENTION OF MOTHER TO CHILD TRANSMISSION OF HIV/AIDS (PMTCT) .....	17

## EDUCATION DEPARTMENT

At the beginning of May 2018, all the students under Upendo Village sponsorship program in the primary, high school & college level reported back to their respective institutions of learning for their Second term (2018) on the scheduled opening dates. The Primary kids reported back to school on May 2<sup>nd</sup>, 2018 and those in Secondary and College level reported back on May 3<sup>rd</sup>, 2018. The department in collaboration with the administration department ensured prompt payment of their school fees and acquisition of other requirements to facilitate their timely return to their respective schools.

Currently, the number of sponsored students in the sponsorship program stands at 191. At the primary level, there are 63 kids, High school level 68 and 54 students at the college/university level. During the month of May four 2017 high school graduates joined institutions of higher learning; One in university and three in Technical schools. Majority of the 2017 high school graduates have already secured admission in Technical school, Colleges and University with the exception of three.

Type of institution	Boys	Girls	Total
Nursery School	0	0	0
Primary School	33	30	63
Secondary School	36	32	68
Post-Secondary/ College/University	28	32	60
<b>Total</b>	<b>97</b>	<b>94</b>	<b>191</b>

**Table 1. Gender distribution of sponsored students at ASN Upendo Village**

It is encouraging to note that the scholarship program has done well in bridging the gap both at the primary and secondary levels in line with the Sustainable Development Goal -SDG 4 which calls for universal access of primary and secondary education for all kids regardless of their economic background. The program has also enabled many orphaned and vulnerable kids to access vocational and university education.

## INCOME GENERATING ACTIVITIES DEPARTMENT

The department continued to empower clients and guardians to be self-reliant in order to break the cycle of poverty. The main focus was on the development and improvement of client's economic conditions.

### DAIRY GOAT PROJECT

During the period under review, 9 clients benefitted with dairy goats in an occasion which was graced by the Director of Harambee Project, Professor Kathleen Harrison and was witnessed by her husband Professor John and two of their friends who included Shelley and her son Samuel. During the period under review, nine goats kidded, bringing the total number of kids to twelve.



**The Director of Harambee Project, Professor Kathleen Harrison (squatting), Samuel (right), ASN Upendo Assistant Directress Sr. Agnes (center) together with the ASN Upendo Income Generating Activities Coordinator Stephanina Kuria (left) issuing a dairy goat to one of the beneficiaries at ASN Upendo Village**

## IMPROVED CHICKENS

During the period under review, 50 chickens were issued to Upendo Village clients where 25 clients benefitted. All the chickens issued were bought from two of Upendo Village clients, who had earlier benefitted from the project.



**The Director of Harambee Project, Professor Kathleen Harrison (right), Samuel, ASN Upendo Village Assistant Directress Sr. Agnes (Third from right) and ASN Upendo Staff pose for a picture with beneficiaries of improved chicken after issuing them at ASN Upendo Village**

## SOLAR LAMPS

In the two months under review, 20 clients benefitted from solar lamps making a total of 370 families who have benefitted from the project since its inception.



**The Director of Harambee Project, Professor Kathleen Harrison (right), Shelley and Samuel pose for a picture with the beneficiaries of solar lamps after issuing them at ASN Upendo Village.**

## HOME VISITS

Six families were visited during the months of May and June to monitor and evaluate the progress of their business ventures and other agri-business projects. Two of the grandmothers visited during this period have each built three-stoned-rooms from the empowerment they have gotten from Upendo Village, which they have rented out as a source of family income.



**The Director of Harambee Project, Professor Kathleen Harrison (right) Shelley and Samuel (left) pose for a picture with ASN Upendo Income Generating Coordinator, Stephanina Kuria and Annah Nyambura during a home visit.**

## DEMONSTRATION GARDEN

The Upendo Village demonstration garden has continued to provide the staff members with vegetables and other food stuffs. It has continuously been well-managed through the Income Generating Activities Department.

During the period under review, 401 eggs were collected and sold to staff members. Six chicken and two rabbits were also sold to staff members.



**ASN Upendo Village Income Generating Activities Coordinator, Stephanina Kuria weeding in the kales' section in the ASN Upendo demonstration garden**



**ASN Upendo Gardener, Julius Mwangi tending to carrots in the ASN Upendo Demonstration Garden**

## MEDICAL DEPARTMENT

The dispensary has constantly been expanding its services in terms of community and public outreach in the provision of medical services. In the months under review, the dispensary continued to provide curative, preventive, and rehabilitative health care services to the community.

The following services were offered:

- Maternal and child health clinic
- Comprehensive care.
- General outpatient care for both adults and pediatrics

## ACTIVITIES/ ACCOMPLISHMENTS

Date	Activity	Facilitator
May 2, 2018	Malaria Guidelines	Naomi Gaitho
May 9, 2018	Peptic Ulcers	Eric Mati
May 17, 2018	Living Positively	Brigid Muasa
May 24, 2018	Current Guidelines on ARVs	Eric Mati
June 8, 2018	Measles	Lucy Muthoni
June 13, 2018	Breast Cancer	Samuel Mbasu
June 20, 2018	Pulmonary Tuberculosis	Samuel Mbasu



ASN Upendo Clinical Officer, Samuel Mbasa attending to a patient at the ASN Upendo Village Clinic



ASN Upendo Lab Technologist, Naomi Gaitho collecting a blood sample from a patient at the ASN Upendo Village Clinic

The table below shows the workload for the period under review

Services Offered	May	June	Totals
	2018	2018	
<b>Outpatient Department (OPD)</b>	576	482	1,058
<b>Child Welfare Clinic (CWC)</b>	142	101	243
<b>Antenatal Clinic (ANC)</b>	6	12	18
<b>Comprehensive Care Clinic (CCC)</b>	23	20	43
<b>Voluntary Counseling and Testing (VCT)</b>	31	26	57
<b>Laboratory Tests</b>	268	259	527
<b>Cervical Cancer Screening</b>	0	0	0

#### TOP TEN INSTITUTIONAL DISEASES

1. Upper respiratory tract diseases
2. Lower respiratory tract diseases
3. Diarrhea
4. Arthritis and joint diseases
5. Muscular-skeletal diseases
6. Hypertension
7. Diabetes
8. Skin diseases
9. Urinary tract infections
10. Typhoid fever

## NUTRITION DEPARTMENT

### **GOAL: TO ENSURE CLIENTS ADHERE TO BALANCE DIET, ENVIRONMENT AND PERSONAL HYGIENE**

ASN Upendo Village has continued to provide nutritional supplements to clients attending support group meetings. This has been made possible through the noble and selfless donations from our donors and benefactors.

During the period under-review, clients held their regular monthly support groups meetings and were enlightened on the following areas.

- ❖ Eating well-balanced locally available meals, since most of them live below the poverty line hence not able to afford balanced meals all through their diets.
- ❖ Proper hygiene and specifically about the causes of cholera and its prevention, since there was an outbreak of cholera which had been experienced in most parts of the country.
- ❖ Measures to avoid food contamination which can result in opportunistic infections.

The support group meetings have continued to be very active and vigorous in preparation of meals as well as cleaning up of utensils after taking their lunch. This has acted as a good symbol that our clients can now handle food hygienically and follow the right processes and procedures during meal preparation and therefore lessen cases of opportunistic infections.

### **SUPPORT GROUP ATTENDANCE AND DISTRIBUTION OF NUTRITIONAL SUPPLEMENTS**

Through the efforts of the administration and other well-wishers, the department managed to feed and distribute nutritional supplements to various members of support groups as shown in the table below.

Name of the support group	May 2017	June 2017	Average
Mai-Mahiu	52	50	51
Karai	67	60	64
Mirera	47	49	48
Town	27	33	30
Total	193	192	193



**ASN Upendo Village Cateress, Euphemia Mutheu (left) and Sr. Zipporah (second from left) supervises the distribution of nutritional supplements to clients at ASN Upendo Village.**



**Members of Karai support group having their lunch during a support group meeting.**

## GRANNIES MEETINGS

The department managed to successfully provide nutritional supplements to an average number of 32 grandmothers during their monthly support group meetings which were held at Maai Mahiu and ASN Upendo Village.

## SOCIAL WELFARE DEPARTMENT

### SUPPORT GROUP PROJECT

Support groups enable People Living with HIV and AIDS (PLWHAs) to meet and share their experiences as well as get input on health issues. During the period under review, we held meetings for Prevention of Mother to Child Transmission of HIV and AIDS (PMTCT), grandmothers and other members of the four support groups. The topics covered in May and June 2018 during support group meetings were Academic welfare & children's Rights and Managing opportunistic infections. Unfortunately, we lost one client in May 2018 due to alcoholism and who had also defaulted on his ART program.



**Upendo Village Clinical Officer, Samuel Mbasu offering a talk to members of the Karai support group during a support group meeting at Upendo Village**

## ENROLMENT

During the period under review we enrolled the following clients:

Clients served	May 2018	June 2018	Cumulative
<b>HIV Positive women</b>	1	10	2,304
<b>HIV Positive men</b>	1	2	785
<b>HIV Positive children</b>	0	0	353
<b>Household members</b>	2	4	3,037
<b>Orphan Vulnerable children</b>	0	28	6,676
<b>Total Enrolled</b>	<b>4</b>	<b>44</b>	<b>13,153</b>

## HOME AND HOSPITAL VISITS

During the month of May and June 2018, 12 clients were visited. One of them was a grandmother (Lucy Nduta) who had undergone a minor surgery. Upendo Village staff visited her to check on her recovery progress and wish her well. During the same period, staff from ASN Upendo Village visited other two clients who were sick (Margaret Vitachi & Terence Swanapole) to wish them quick recovery.



Upendo Village Social Services officer, Brigid Muasa poses for a photo with Margaret Vitachi during a home visit



Sr. Zipporah poses for a photo with Teresia Wangui during a home visit

## GRANDMOTHERS' PROJECT

The project has enabled the grandmothers to improve their livelihood which includes putting a meal on the table, meeting the school needs of their grandchildren and running self-sustaining projects. The members meet every second Friday and third Wednesday of the month to share and encourage each other. The members have maintained punctuality, cooperation and hard work with great appreciation for the continued support which has been accorded to them. Unfortunately, we lost one grandma (Margaret Gatiri) who succumbed to Cancer in May. The ASN Upendo Village staff visited her home and condoled the Family. She was laid to rest on 1<sup>st</sup> May 2018. During the period under review, the following topics were covered;

- Academic welfare and Children's right.
- Managing Opportunistic infections



**Sr. Zipporah addressing the grandmothers during a grandma's meeting**

## PROFESSIONALS' SUPPORT GROUP

Upendo Village started a professionals' support group in February 2017. Members of the support group meet every 3<sup>rd</sup> Tuesday of the month to encourage one another and share about the challenges they face. During the period under review, they were taught on stress management and treatment fatigue respectively. The group appreciated ASN Upendo Village for the noble idea of bringing them together to share their experiences. So far, the group has 8 active clients who attend the monthly meetings.

## PREVENTION OF MOTHER TO CHILD TRANSMISSION OF HIV/AIDS (PMTCT)

Up to date, 387 children have benefited with infant formula milk. During the period under review, 8 babies were on the formula milk program. Further, 2 more babies were enrolled into the program during the period under review making the total number to 10. During the meetings held in May & June 2018, the topics covered included; Feeding guide from 0-6Months and Complimentary feeding from 6 months.

### Infant Formula Milk Data

	May 2018	June 2018
<b>No. of Infants accessing "Infant Formula Milk"</b>	8	10
<b>No. of Infants Weaned</b>	0	0
<b>No. of Expectant Mothers</b>	4	3



ASN Upendo Social Services officer Brigid Muasa (center) poses for a photo with some of the beneficiaries of formula milk



Brigid issuing formula milk at ASN Upendo Village